



CAMBRIDGESHIRE AA EVENING OPEN MEETINGS 2021

WEDNESDAY JUNE 23rd , & WEDNESDAY JULY 14th

- **Including the Cambs AA 5000m, 3000m, and Mile Championships**
- **Photo-finish/Electronic timing on track events**
- **Including opportunities for ambulant and wheelchair disability athletes**
- **Online entry only up to midnight on the preceding Tuesday.**
- **No entries on the night.**

These are all Open events - everyone is welcome to enter - Athletes do not need to be Cambridgeshire eligible (except to qualify for Cambs championships medals), or to be members of a Cambridgeshire club.

The events will be as follows (times are approximate):

Wednesday June 23rd

- 18.45: Open Mile – Wheelchair athletes (inc Cambs county championship)
19.00: 80m (Under 11's)
19.10 100m all ages (not U11's), graded races
19.30 100m Wheelchair & race runner
19.35: 3/400m all ages (not U11's or under 13's), graded races
19.50 800m Under 13's only (no U11's)
20.05 150m (under 11's)
20.15: 200m all ages (not U11's), graded races
20.30 200m Wheelchair & race runner
20.35: The Cambridgeshire Open Mile, U15- senior (Inc. Cambs county championship for Under 15's to Seniors),

19.00 Javelin (Under 13 to Senior) Limited to 12 athletes max
19.00: Long-jump (Under 13's and under 15's) limited to 12 athletes max
20.15 Shot put (Under 13's up to Seniors - Limited to 12 athletes max
20.00 Longjump (U17, U20, Senior) Limited to 12 athletes max

Online entry at <https://data.opentrack.run/en-gb/x/2021/GBR/camopen/> (from late May onwards)

Wednesday July 14th

- 18.45: 600m (Under 11's)
19.00: 100m (All ages (not U11's), graded races)
19.25 800m Wheelchair and race runners only
19.35 800m Under 13's and Under 15's only
19.45: 80m (Under 11's)
19.55: 3000m (Under 15's up to Sen, inc. County Champs event for U15B&G, U17M&W, U20M&W, and SW)
20.25: 200m (All ages (not U11's), graded races)
20.45: 5000m (Senior and veteran men inc. County champs event)

19.00 Longjump Under 11's
19.30: Shot (all ages (not U11's), – Limited to 15 athletes max
19.00: Triple-jump 7m board only. - Limited to 8 athletes max.
19.45 Triplejump 9m board only – limited to 8 athletes max
20.30 Triplejump 11m board only – limited to 6 athletes

Online entry at <https://data.opentrack.run/en-gb/x/2021/GBR/camopen2/> (from early June onwards)

ALL Entries are online in 2021 – No entries on the day.

Regrettably we are unable to offer any cage throwing events this year due to the condition of the cage at time of publication or seated throwing events due to non-availability of the appropriate strap down fixings at this venue

Age groups are based on age on 31st August 2021

Under 11's may only compete in the events designated for under 11's and must be aged at least 9 before 31st August 2021

Field events for distance will get 4 trials (under 11's get 3 trials), .

General Open events – all dates - Entry fee £4.00 for one event. £6.25 for two events. £8.50 for three events.
(all age groups)

- **Entry is now only online and no entries will be accepted on the night**
- Collect your numbers on the night from about 18.00.
- Field events which start at 19.00 will commence warm-up at 18.45.

The 5000m & 3000m (July 14th), and Mile (June 23rd) are Open events, but also include the Cambs AA Championships.

- **Entry is now only online and no entries will be accepted on the night**
- Open events for any athlete in the appropriate age-groups (Under 15's up to Seniors Male and Female)
- Cambridgeshire 3000m championships for U15B, U17M, U20M, U15G, U17W, U20W and SenWomen
- Cambridgeshire 5000m championships for senior and vet men (U20 entries in Open category only)
- Cambridgeshire Mile championships for under 15's, Under 17's, Under 20's and Seniors.
- **Club, County or National vests must be worn by those athletes contesting the County Championship.**
- **Medals for the first three Cambridgeshire championships athlete finishers in each age-group (if medal presentations are permitted under Covid rules)**

The St Ives track is at the One Leisure St Ives Outdoor Centre in California Road St Ives (PE27 6SJ). From the South or North , the track is reached by continuing on the A14 west-wards from the end of the M11, turning off the A14 just past Fenstanton, onto the A1096 (B1040) toward St Ives. Follow the road which skirts St Ives, avoiding any turns signed to the town centre. At the first and 2nd roundabouts, go straight ahead, bear left at the 3rd, and stay to the left on the 4th and 5th (which are close together). You are then on the A1123 (St Audreys Lane) heading out of St Ives, towards Huntingdon. At the major traffic lights (cross roads) go straight ahead. After about 300m there is a set of pedestrian lights, and then after another 300m there is a set of traffic lights with a right turn into a housing estate. This turn is signed St Ivo outdoor centre. Take the right turn, and follow the road for ca 400m, when you will see the centre signed to the left in California Road. The centre is ca 300m at the end of California Road. The track is accessed through the centre. If travelling on the A1123 from Huntingdon, turn left at the first set of traffic lights as you enter St Ives. Centre Tel No - 01480 388555.

Data protection – Only name, competition age-group, club and performance will be used in any published results on the Cambs AA website or released to Power of 10.