The Sportshall Regional Final took place in Norwich on Saturday 17 February 2024 and our Cambridgeshire team of 62 athletes all did us and themselves proud. The enthusiasm, positivity, effort and teamsmanship shown by all was exceptional. The event is always a great day out providing an amazing experience for all our athletes to represent their county and this year again did not disappoint. Our athletes take part in a range of field and track events culminating in relays against the other eastern counties.

This Year the Team results were as follows:

U15 Girls – 3rd U15 Boys – 3rd U13 Girls – 4th U13 Boys - 3rd U11 Girls – 4th U11 Boys – 5th

In the U15s each athlete is ranked on their 3 individual events and the top boy and girl get invited to attend the National Finals. This year, our 1st place girl was Fran Bush who came 6th and our 1st place boy was Alex Scott who came 8th. Well done both of you. Fran did exceedingly well as she is one of the youngest in her age group and will have the opportunity to compete for this prize again next year.

We are proud of each and every one of our athletes who all contributed to our teams but I would like to highlight our athletes who achieved a top 5 position in one of their individual events. Please see these below:

## U15's

Fran Bush, 1st - 4 Lap. 2nd - Shot Ruby Rae Smith, 5th - Standing Long Jump Pippa Barnes, 5th - 2 Lap Alex Scott, 5th - shot and 4th – Standing Long Jump Monty Chatfield Grandison, 3rd - Shot, 5th – 4 Lap Ned Jones. 4th - Standing Triple Jump

## U13's

Simone Scott, 3rd – Standing Long Jump
Claudia Barp Fornari, 5th – Vertical Jump
Eleanor Stewart, 5th – Standing Long Jump
Hattie Roques, 5th - 6 Lap
Joshua Dawes, 1st - 2 Lap, 1st – Vertical Jump
Hugo Lindeman, 5th - 2 Lap
Joshua and Hugo both got through to the finals for the 2 Lap
Dexter Moore, 1st – Standing Long Jump
Toby Beardon, 5th – Speed Bounce
James Bloore, 5th - Shot
Kenzo Rwegoshora, Qualified for the final of 4 Lap and came 6th

## U11's

Isla May Kenton, 3rd - Target Throw Emma Granville, 2nd - Javelin Throw Amelia Robinson, 3rd – Vertical Jump Ellie Newman, 1st - Target Throw, 5th - Balance Test Annabel Clarke, 1st - Balance Test Beatrice Cook, 3rd - Chest Push Seb Moreau, 3rd - Speed Bounce Ethan Bates, 3rd - Balance Test Jack Isle, 4th - Target Throw James Shetab, 5th - Target Throw

Thank you to the athletes, coaches, officials, team managers and volunteers for making the day such a success. We hope you enjoyed the day and this season's Sportshall experience

We are already starting to plan Sportshall 24/25 and hope to see you at the trials later this year. If anyone would like to get involved further please do not hesitate to contact me.