

Cambridgeshire Athletic Association - Cross Country Championships 2026
Priory Park, Huntingdon Road, St Neots - Sunday 13th December 2026
(run under UK Athletics Rules)

The Cambridgeshire Cross Country Championships serve as the main selection event for the County team to be entered into the National Inter-County Cross Country Championships. The December 2026 event will be the first to be run under the new England Athletics age groups and the course lay-outs and distances have been amended to follow as closely as possible the distances featured in those National Inter-County Cross Country Championships.

Rules for entry

This year entry is online at <https://entries.sublimetiming.com/race/104>. There are no paper entries.

Closing date for entries – 23.59 on 8th December 2026

The person(s) completing the entry will be responsible for entries being correct. Incorrect entries may lead to disqualification on the day.

NO LATE ENTRIES AFTER MIDNIGHT ON 8th DECEMBER OR ENTRIES ON THE DAY – you can check that you are entered by looking on the list of entries at <https://entries.sublimetiming.com/race/104>

Entry fees:

Under 10's - £7.

All other age categories - £10.00

Senior and Masters athletes who enter from a club which is not affiliated to England Athletics or an athlete who is not individually affiliated to England Athletics must pay a £2 additional England Athletics "unattached levy" - non-payment of the levy will result in exclusion from the event results.

Age groups - as specified in the UK Athletics Rules.

Age groups are based on the athlete's age as of 31st August 2027 for all age-groups except U20, Seniors & Masters.

- U10 – age as at 31 August 2027 (School year 3 or 4)
- U12 - age as at 31 August 2027 (School year 5 & 6)
- U14 - age as at 31 August 2027 (School year 7 & 8)
- U16 - age as at 31 August 2027 (School year 9 & 10)
- U18 - age as at 31 August 2027 (School year 11 & 12)
- U20 - age as at 31 August 2027
- Senior athletes – aged at least 20 as at 31 August 2027
- Masters athlete – age on the day of competition

Check carefully – No athlete shall join a cross-country race into which they are not qualified (eligible) to compete. Athletes infringing this rule shall be liable to expulsion from any race under the jurisdiction of UK Athletics and could also render their club liable to disqualification.

Athletes aged 10 and above should ideally (but not essentially) be registered and have a URN with England Athletics.

Club/School Vests - The correct vest must be worn; otherwise, individuals (and teams) may be disqualified.

Athletes - all athletes must have eligibility to compete in the Cambridgeshire Championships either by birth, residence or armed forces as per UKA rules. Athletes may not compete in the championships of, or represent, more than one County during the competition year.

"An entrant shall be deemed to have made himself/herself/themselves, familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of entering the event, whether or not the participant is a citizen of, or resident in, the UK."

Numbers – Will be issued to club representatives at the event registration on the day.

Individual Awards – Cambridgeshire AA medals will be awarded to the first three individuals and the first three teams in each **age group**.

Team Awards

- Only teams from clubs affiliated to Cambs AA are eligible for team medals. (2026/27 year affiliation applies)
- Senior men - The first **3** to score. The senior team can comprise of seniors and masters (No under 20's). (The first 3 to finish score for team 'A', if the team consists of 3 or more; the next 3 constitutes team 'B' and so on).
- Senior women - The first 3 to score. The senior team can comprise of seniors and masters (No under 20's). (The first 3 to finish score for team 'A', if the team consists of 3 or more; the next 3 constitutes team 'B' and so on).
- All other age groups - 3 to score (the first three to finish score for team 'A', if the team consists of 3 or more; the next three constitutes team 'B' and so on).
- Masters teams can be comprised of runners from any veteran category.
- All athletes qualifying for a club team must be either 1st claim members of that club, or 2nd claim members of that club if their first claim club is not affiliated to Cambridgeshire AA in 2025/26.

Results – Individual results will be published and available online shortly after the end of each race. Team results will not be published online until after the event although team medals will be awarded on the day.

First Aid – Qualified first aiders will be in attendance.

Changing – Pavilion in Priory Park.

Parking – Please park in Almond road, which is adjacent to Priory Park. (PE19 1DZ) Please do not park in the local housing estates as this causes complaints from local residents. Additional parking has been arranged at Longsands school.

Masters Competition medal categories:- Men : 35/45/55/65/75 Women: 35/45/55/65/75

First event 09.50

Event secretary – Colin Pettit (colinpettit9@gmail.com)

Cambridgeshire AA Cross-Country Championships Timetable - December 2026

Age-group	Race Time	Distance
U10 Boys and Girls	9:50	1.1K
U12 Girls	10:00	2.75K
U12 Boys	10:10	2.75K
U14 Girls	10:20	3.75K
U14 Boys	10:45	3.75K
U16 Women U16 Men	11:10	5K
U18 Men U20 Men U18 Women U20 Women Senior Women Masters Women	11:40	7.4K
Senior Men/Masters Men	12:40	10K