

## **Cambs AA Road league team Rules**

Overall series placings will be calculated for the following categories: open men (all ages), open women (all ages), M40-49, M50-59, M60+, W35-44, W45-54, W55+, open men's team (all ages), open women's team (all ages)

For individual categories: Points are awarded in each race to the first 30 men, first 30 women, first 10 M40, first 10 M50, first 10 M60, first 10 W35, first 10, first 10 W45 and first 10 W55 – eg, 1st place scores 30, 2nd place scores 29, so on, down to 30th place scores 1. Only runners who are members of clubs affiliated to Cambridgeshire AA will be taken into account when allocating points.

For each of the two team categories: A ranking in each race is given to every runner from a Cambs AA club — 1 point for first place, 2 points for second place and so on. Only runners who are members of clubs affiliated to Cambridgeshire AA will be taken into account when allocating rankings. In each race, teams are then ranked according to their three top-ranked runners in that category. Points will be awarded in each race to the top 10 men's teams and top 10 women's teams (10 points for first down to 1 point for 10th).

### **Overall series points**

For individual honours: runners' best four scores will count towards the overall series points.

For team honours: scores in all staged races will count towards the overall series points.

### **Race cancellations**

If fewer than six races are staged in the league, only the best three scores will count for individual honours. The league will be annulled if fewer than three races are staged.

### **Overall series points ties**

Individual: In the event of ties, positions will only be separated for top three in each category. Positions will be decided based on head to heads in races in which the respective runners scored (not "ran"). If this is tied, positions will be scored based on which runner(s) have the most sets of maximum points in the respective category. If this still does not separate the runners, positions will be declared equal and prizemoney divided accordingly.

Teams: In the event of ties, positions will be decided on which club(s) have the most sets of maximum points (may be less than 10 if teams were joint first). If this still does not separate the teams, positions will be declared equal and prizemoney divided accordingly.

### **Request to clubs**

Where your athletes are listed in results as unattached (due to Run Britain/UKA rules), please inform us and we will make changes for Cambs RL standings. We'd like to ask all clubs if they could ask for one volunteer to check their club's CRL scores after each fixture update, please. This is so that any errors are corrected as soon as possible and clubs can be added in respect of the above.

Queries: email [tyfarrer3@gmail.com](mailto:tyfarrer3@gmail.com)

Errors cannot be rectified after the awarding of prizes at the Cambs AA presentation evening in December.

### **Overall end-of-season prizes**

(We reserve the right to amend if the full league does not go ahead)

	Open M	Open W	Vets (each AG)	Team
1st	40	40	20	45
2nd	25	25		
3rd	15	15		